

HARE & TORTOISE


BLOOMSBURY

TAKE AWAY MENU 2019

SALADS

- S1 **Green Salad**  5.20
Mixed leaves, avocado, cucumber, tomato and wakame served with homemade Japanese dressing.
- S1A **Gomadare Tofu Salad**  6.40
Mixed leaves, asparagus, tomato, wakame and tofu served with sesame dressing.
- S2C **Kani Salad** 8.50
Snow crab leg meat and green leaves, served with homemade Japanese dressing.

TEMPURA

- T1 **Ebi Tempura** 6.60
3 deep-fried prawns in a light batter, served with a dashi-based dipping sauce.
- T2 **Yasai Tempura**  5.70
Deep-fried selection of 5 seasonal vegetables in a light batter, served with a dashi-based dipping sauce.
- T3 **Tempura Moriawase** 7.40
2 deep-fried prawns and 3 seasonal vegetables in a light batter, served with a dashi-based dipping sauce.

SIDE DISHES

- S3 **Vegetarian Duck Rolls**  5.00
4 pieces of pancakes filled with sweet tofu skin, spring onions, cucumber and vegetarian Hoi Sin sauce.
- S4 **Spicy Calamari**  6.50
Deep-fried squid tentacles with Chinese spices, tossed with garlic, spring onions, chilli, salt and pepper.
- S5 **Crunchy Spicy Wing Sticks**  5.50
4 pieces of deep-fried chicken wings seasoned with Chinese spices, tossed with garlic, spring onions, chilli, salt and pepper.
- S6 **Pumpkin Croquette**  3.60
Deep-fried mashed pumpkin coated with grated breadcrumbs, crispy and smooth.
- S7 **Panko Honey King Prawns** 5.70
3 pieces of deep-fried king prawns coated with grated breadcrumbs, crispy and smooth, served with sweet chilli sauce.
- S8 **Vegetarian Spring Rolls**  4.00
6 pieces of light and crispy vegetarian spring rolls, served with sweet chilli sauce.
- S9 **Chinese Greens**  5.00
Steamed seasonal Chinese greens, topped with premium oyster sauce, garlic and sesame oil.
Vegan option available upon request
- S10 **Chicken Yakitori** 5.40
2 sticks of skewered char-grilled chicken, marinated in yakitori sauce.
- S11 **Edamame**  3.80
Steamed soya beans, lightly salted and perfectly complementing beers and wines.
- S12 **Goma Horenso**  4.70
Steamed spinach with sesame dressing. Served chilli.
- S13 **Chicken Kara-age** 5.20
6 pieces of deep-fried marinated chicken, crispy yet tender, served with fresh salad leaves, tomato and mayonnaise.
- S14 **Chicken Teriyaki** 5.50
Deliciously grilled marinated chicken thigh topped with homemade teriyaki sauce, garnished with fresh salad leaves and sesame seeds.

ALL PRICES ARE INCLUSIVE OF VAT

We regret to inform you that we do not accept payment by cheque.

Our vegetarian dishes may contain eggs, dairy products and seafood.




For food allergies and intolerances, please consult our staff for more information.

SIDE DISHES

- S15 **Deep-fried Soft Shell Crab** 8.50
Deep-fried soft shell crab served with dashi-based dipping sauce.
- S16 **Tori Gyoza** 4.00
4 pieces of pan-fried chicken dumplings.
- S17 **Chive & Shrimp Gyoza** 4.80
4 pieces of pan-fried chives and shrimp dumplings.
- S19 **Maguro Tataki** 9.30
5 slices of seared tuna fillets covered in chopped nori and sesame with light shoyu-based Japanese dressing.
- S20 **Chuka Wakame**  4.00
Fresh and crunchy seaweed salad rich in minerals.
- S22 **Okonomiyaki Stick** 4.30
3 sticks of Japanese savoury pancakes containing cabbage and octopus, dressed with okonomi sauce, mayonnaise, dried seaweed and dried fish flakes.

NOODLE DISHES

- C1 **Yaki Udon** 10.20
Wok-fried smooth white udon noodles with prawns, squid, char siu pork, naruto, crab stick, Chinese mushrooms, Chinese cabbage, carrots, onions and beansprouts.
- C2 **Char Kuey Tiew**  9.30
Wok-fried flat rice noodles with prawns, pork sausage, egg, chives, mushrooms, carrots, onions and beansprouts.
- C3 **Chicken Chow Mein** 8.90
Wok-fried egg noodles with shredded chicken, Chinese mushrooms, carrots, onions and beansprouts.
- C4 **Singapore Rice Noodles**  10.00
Wok-fried thin rice noodles with shredded chicken and pork, prawns, egg, Chinese mushrooms, carrots, onions and beansprouts, topped with chilli and served with lime.
- C5 **Lo-Han Vegetarian Chow Mein**  8.50
Wok-fried egg noodles with deep-fried tofu, Chinese mushrooms, seasonal greens, carrots, onions and beansprouts.
Vegan option available upon request
- C6 **Phad Thai**  10.00
Wok-fried flat rice noodles with king prawns, seasoned deep-fried tofu, peanuts, sweet radish, chives, egg, beansprouts and a hint of chilli, served with lime.
- L2 **Beef Chilli & Black Bean Lo Mein**  8.90
Stir-fried beef with onions and peppers in black bean sauce, with a touch of chilli oil, served with egg noodles.
- L2C **Chicken Chilli & Black Bean Lo Mein**  8.90
Stir-fried chicken with onions and peppers in black bean sauce with a touch of chilli oil, served with egg noodles.
- L3 **Tofu and Vegetable Lo Mein**  8.80
Stir-fried marinated deep-fried tofu with Chinese mushrooms, peppers, carrots, seasonal greens and onions in light soy sauce, garnished with spring onions, served with egg noodles.
Vegan option available upon request

-  Vegetarian (our vegetarian dishes may contain eggs, dairy products and seafood)
 Contains peanuts or trace amount of peanuts
 Spicy

For food allergies and intolerances, please consult our staff for more information.

RAMEN DISHES

- N1 **Penang Prawn Mee** 🌶️🌶️🌶️ 11.00
Mixed noodle in a spicy soup with prawns, boiled egg, beansprouts, fish balls, fishcake slices, and vegetables, garnished with fried onion.
- N2 **Tofu and Vegetable Ramen** V 8.80
Ramen noodles in a shoyu-based soup, topped with marinated deep-fried tofu, seasonal greens, carrots, Chinese mushrooms and menma, garnished with spring onions and nori. Vegan option available upon request
- N3 **Grilled Chicken Ramen** 9.50
Ramen noodles in a shoyu-based soup, topped with grilled chicken breast slices, boiled egg and menma, garnished with nori and spring onions.
- N4 **Curry Laksa** 🌶️🌶️🌶️ 11.00
Rice noodles in a spicy coconut curry soup with slices of grilled chicken breast, fish cake slices, prawns and squid, garnished with deep-fried tofu, beansprouts and cucumber.
- N5 **Tempura Udon** 9.00
Smooth white udon noodles in a dashi-based soup topped with tempura prawns, naruto, boiled egg, wakame and spring onions.
- N6 **Miso Ramen** 🌶️ 10.00
Ramen noodles in a homemade miso paste soup with garlic and chilli, served with char siu pork, boiled egg, menma and beansprouts, garnished with nori and spring onions.
- N8 **Seafood Ramen** 10.50
Ramen noodles in a shoyu-based soup topped with prawns, scallop, salmon, mussel, crab stick, naruto and menma, garnished with nori and spring onions.
- N9 **Tantanmen** 🌶️🌶️🌶️ 10.00
Ramen noodles in a sesame and chilli based soup topped with minced pork, boiled egg, seasonal greens, menma and kikurage fungus, garnished with dry chilli strings.

RICE DISHES

- R2 **Panang Curry** 🌶️🌶️ 9.30
Seasoned chicken thighs and potatoes in a rich Thai curry, garnished with fresh chilli and kaffir lime leaves, served with steamed rice.
- R3 **Ebi Katsu Curry** 🌶️🌶️ 9.20
Deep-fried king prawns in panko breadcrumbs with thick Japanese curry sauce, served with steamed rice.
- R4 **Tori Katsu Curry** 🌶️🌶️ 9.20
Deep-fried chicken in panko breadcrumbs with thick Japanese curry sauce, served with steamed rice.
- R5 **King Prawn Fried Rice** 10.30
Egg-fried rice with king prawns, green peas and spring onions, accompanied with miso soup.
- R6 **Chicken Teriyaki & Rice** 9.20
Deliciously grilled marinated chicken thigh topped with homemade teriyaki sauce, served with steamed rice, garnished with seasonal greens and sesame seeds.
- R7 **Chicken Fried Rice** 8.90
Egg-fried rice with chicken, green peas and spring onions, accompanied with miso soup.
- R8 **Unagi Don** 17.80
Grilled eel fillets in eel sauce, garnished with Japanese pickle, served with steamed rice and miso soup.
- R9 **Salmon Teriyaki & Rice** 11.00
Grilled salmon in teriyaki sauce, served with steamed rice, garnished with seasonal greens and spring onions.
- R10 **Roast Duck & Rice** 9.20
Slices of roast duck, served on steamed rice with a homemade sauce mixed with cinnamon, aniseed powder and ginger, garnished with seasonal greens and spring onions.

EXTRAS

- E1 **Steamed Rice** 2.70
- E2 **Egg Fried Rice** 4.00
- E3 **Plain Noodles** 2.70
- E5 **Miso Soup** 3.20
- E7 **Fresh Cut Chilli** 0.80

- V Vegetarian (our vegetarian dishes may contain eggs, dairy products and seafood)
- 🌶️ Contains peanuts or trace amount of peanuts
- 🌶️ Spicy

For food allergies and intolerances, please consult our staff for more information.